



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Skagit County Board of Health

Peter Browning, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner

PHT Meeting Minutes
May 1, 2025, 8:30-10:30 am

Chinook Meeting Room

Members: Claudia Avendaño-Ibarra, Dan Berard, Thomas Boucher, Patty Codd, Sonia Garza, Bill Henkel, Leon John, Chris Johnston, Maddy Mackenzie, Julie Merriam, Lilia Ortiz, Marueen Pettitt, Lyndie Simmonds, Anneliese Vance-Sherman

Community Stakeholders: Kas Church, Kristen Ekstran, Jennnifer Sass-Walton, Keith Higman

Ex-Officio: Howard Leibrand

Guests: Neil Panlasigui, Kelli Baker, Sarah Hinman, Debra Lancaster, Charlie Wend, David Jefferson, Randy Elde, Carolyn Connor, Commissioner Janicki, Commissioner Wesen, Diane Smith, Mary Ellen Lykins, Jennifer Johnson

10 Year Celebration

Kristen welcomed attendees to the special meeting celebrating 10 years of the Population Health Trust. To honor the occasion, Commissioner Janicki opened the meeting with some remarks and reflections on her time with the Trust. Following her welcome, Commissioner Wesen, along with former and current Trust members shared both stories of impact and wishes for the next 10 years.

Community Health Assessment (CHA) Updates

To close out the meeting, Kristen provided members with an update on the CHA process. Kas joined to share more about work underway better understand youth wellness. So far, there have been three focus groups, two panel presentations, and two key informant interviews with leaders from youth-serving organizations. Kas has also been working to increase community engagement in the CHA process through a series of “pop up” survey events. During these events, community members are asked to provide their input on community assets as well as health-related challenges. Effort has been put into surveying in diverse geographic areas throughout Skagit as well as among different populations (high schoolers, older adults, families with young children, etc.)

Neil shared the work he is doing to compile a variety of indicators regarding health in Skagit. This data has been collected from many sources including the Healthy Youth Survey, the Behavioral Risk Factor Surveillance Survey (BRFSS), and the County Health Rankings and Roadmaps (CHR&R), among others. He has also incorporated data compiled by community agencies, Peace Health, Skagit/Island Head Start, and Community Action, in their reports. Once he has completed the compilation, Steering will help to narrow down the indicators that will be utilized during the data carousel in June at the BOH Retreat.

Up Next

The Steering Committee will meet on Monday, May 12th. The PHT meeting on June 5th will be a Board of Health Retreat/Trust meeting where we will dig more into the data using the data carousel process. There is no PHT meeting for the month of July.